

Upcoming Event

MAY 2026

1

Friday

Chair Yoga

9:00 am

Water Aerobics

10:00 am

2

Saturday

Breakfast

9:00 am

Gentle Yoga

9:30 am

Beach Club

10:30 am

Kentucky Derby: Best Hat Contest

6:00 pm

3

Sunday

All Level Yoga @SideSpin

10:00 am

4

Monday

Water Aerobics

9:00 am

Yoga with Erika

5:00 pm

Cinco de CitySide

6:30 pm

Upcoming Event

MAY 2026

5
Tuesday

<i>Yoga</i>	9:00 am
<i>Water Aerobics</i>	10:00 am
<i>Boat Club</i>	11:00 am / 1:00 pm
<i>Dinner Club: Mirna's Cuban</i>	5:30 pm
<i>Pilates</i>	6:00 pm
<i>All Level Yoga @SideSpin</i>	6:00 pm

6
Wednesday

<i>Water Aerobics</i>	9:00 am
<i>Food Truck: Chi Phi</i>	4:00 pm - 7:00 pm

7
Thursday

<i>Yoga</i>	9:00 am
<i>Water Aerobics</i>	10:00 am
<i>Boat Club</i>	11:00 am / 1:00 pm

Upcoming Event

MAY 2026

8

Friday

Chair Yoga

9:00 am

Water Aerobics

10:00 am

9

Saturday

Breakfast

9:00 am

Gentle Yoga

9:30 am

Beach Club

10:30 am

10

Sunday

All Level Yoga @SideSpin

10:00 am

11

Monday

Water Aerobics

9:00 am

Ringling Art Musuem

9:45 am - 3:00 pm

Yoga with Erika

6:00 pm

Upcoming Event

MAY 2026

12
Tuesday

Yoga 9:00 am

Water Aerobics 10:00 am

Boat Club 11:00 am / 1:00 pm

Dinner Club: Owen's Fish Camp 5:30 pm

Pilates 6:00 pm

All Level Yoga @SideSpin 6:00 pm

13
Wednesday

Water Aerobics 9:00 am

*Food Truck: Hangry
Hungarian* 4:00 pm - 7:00 pm

Upcoming Event

MAY 2026

14
Thursday

Yoga

9:00 am

Water Aerobics

10:00 am

Boat Club

11:00 am / 1:00 pm

Live Performance "Over the River" w/ Arts Alliance Players

6:30 pm

15
Friday

Chair Yoga

9:00 am

Water Aerobics

10:00 am

16
Saturday

Breakfast

9:00 am

Gentle Yoga

9:30 am

Beach Club

10:30 am

17
Sunday

All Level Yoga @SideSpin

10:00 am

Upcoming Event

MAY 2026

18
Monday

Water Aerobics 9:00 am

Yoga with Erika 6:00 pm

General Trivia 6:30 pm

19
Tuesday

Yoga 9:00 am

Water Aerobics 10:00 am

Boat Club 11:00 am / 1:00 pm

Dinner Club: Hyde Park 5:30 pm

Pilates 6:00 pm

All Level Yoga @SideSpin 6:00 pm

20
Wednesday

Water Aerobics 9:00 am

*Food Truck: Logan's
Smokehouse* 4:00 pm - 7:00 pm

Upcoming Event

MAY 2026

21
Thursday

Yoga

9:00 am

Water Aerobics

10:00 am

Boat Club

11:00 am / 1:00 pm

22
Friday

Chair Yoga

9:00 am

Water Aerobics

10:00 am

23
Saturday

Breakfast

9:00 am

Gentle Yoga

9:30 am

Beach Club

10:30 am

24
Sunday

All Level Yoga @SideSpin

10:00 am

Upcoming Event

MAY 2026

25
Monday

Water Aerobics 9:00 am

Memorial Day: Grill & Chill 12:00 pm

Yoga with Erika 6:00 pm

26
Tuesday

Yoga 9:00 am

Water Aerobics 10:00 am

Boat Club 11:00 am / 1:00 pm

Dinner Club: Blu Kouzina 5:30 pm

Pilates 6:00 pm

All Level Yoga @SideSpin 6:00 pm

27
Wednesday

Water Aerobics 9:00 am

*Food Truck: Kebab on
Wheels* 4:00 pm - 7:00 pm

Upcoming Event

MAY 2026

28
Thursday

Yoga

9:00 am

Water Aerobics

10:00 am

Boat Club

11:00 am / 1:00 pm

29
Friday

Chair Yoga

9:00 am

Water Aerobics

10:00 am

30
Saturday

Breakfast

9:00 am

Beach Club

10:30 am

31
Sunday

All Level Yoga @SideSpin

10:00 am